

Response to COVID19 - Family Resource Guide

FCA is committed to the partnership we have with each and every family. While we have largely been focused on how COVID19 has impacted the educational setting and format, we are keenly aware that the effects of this pandemic extend far beyond the classroom walls. This resource page is intended to provide support and resources as you navigate the change that has occurred in the life of your family as well as the world at large.

Nationwide Children's Hospital has a variety of parent and family resources to help you navigate the social, emotional and behavioral effects of COVID19. On Our Sleeves is one of the organizations that they recommend.

[On their website](#) you will find a variety of resources such as blog posts, short videos and podcasts from top pediatric experts on topics ranging from creating new schedules and routines to mental and behavioral health.

The American Association of Christian Counselors (AACC) is an organization that seeks to educate and equip ministry staff, clinicians and the church body so they can provide support and treatment from a Christian perspective. We encourage you to check out their [comprehensive COVID19 resource guide](#).

Additionally, if you have specific concerns about mental health in your family, AACC has published a special issue of Christian Counseling Today to serve as a first step in providing information and resources about specific mental health matters including anxiety, depression and trauma. This special issue can be [downloaded here](#).

Opportunities to serve - While the goal of this resource page is to provide support for the families of FCA, we also want to encourage and remind our entire FCA community that it is our privilege as Christians to serve others. Rock City Church, a local Columbus church, has put together a guide with ideas on how you can serve your neighbors and greater community. FCC also has several ways to serve this holiday season. We encourage you to consider and engage in these opportunities as a family or to look for ways you can serve through your home church.

<https://rockcitychurch.tv/response>

<https://www.fairfieldchristian.org/help/>

Additional resources we recommend:

[Christian Parenting](#) is a ministry that seeks to provide practical and spiritual support for parenting with grace and love.

[Rooted Ministries](#) is focused on transforming youth ministry, and they host a blog written by parents for parents.

[The Gospel Coalition](#) seeks to provide parents with a perspective rooted in the truth of the gospel.